

Worried about your child's eye exam? Don't be!  
Here are a few tips to ensure your child has a great experience and the best exam possible.

1. Schedule the appointment early in the day or after a nap when they are most alert. Having a snack before their visit is also helpful.
2. Complete the preliminary paperwork before the exam. Less time in the office keeps your little one relaxed and happy.
3. If possible schedule siblings separately so each child has your undivided attention without distraction. This gives both you and the doctor time to discuss the exam outcome fully and will allow more time for any questions you may have.
4. If you think your child may have a vision problem, arrive 10-15 minutes early to choose frames. In the event your child requires glasses, having a special frame selected keeps them excited both during the exam and when they learn they will need glasses.
5. Don't sweat the small stuff. Never underestimate what children can do, sometimes they surprise everyone and perform many of the tests with enthusiasm that adults worry about. Other times, it takes a little coaxing for the easy stuff. There are many ways of obtaining the same exam information; Dr. monarch will cater the exam to your child as needed.